

## WHAT IS FINANCIAL COACHING?

A chance to work with a trusted partner to empower and guide you to realize your financial dreams.

Financial coaching is a process to help people link their behavior to their goals and values. It's a way of working together in an equal partnership rather than listening to an "expert" issue directives.

Our financial coaches approach each relationship from the position that you know what is best for your own situation. We work with you to help you identify your financial goals, create a plan, and track your progress to achieve your goals.

You may need specific and concrete information to help you define and achieve financial goals. Coaches provide support, encouragement, accountability, and resources without judgment to help you make informed decisions, but final decisions always rest with you.

Financial coaching services are offered at no cost to qualifying individuals. Contact us to help you reach your financial dream today!

### A FINANCIAL COACH CAN HELP YOU...



- ✓ Eliminate debt
- ✓ Build credit
- ✓ Pay bills on time
- ✓ Save for retirement
- ✓ Take control of your finances!

## CONTACT YOUR LOCAL COACH TODAY!

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Financial Coach  
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## WHY SHOULD I PARTICIPATE?

### It's Free!

Financial coaching services are offered at no cost to you. Nothing is being sold, you will not be asked for any money.

### Alleviate Stress

Financial stresses create barriers to attaining goals in key areas of life:

- ➔ Parenting
- ➔ Job performance – getting a job
- ➔ Finding and keeping secure housing
- ➔ Staying in school
- ➔ General decision-making ability
- ➔ *It affects everything!*

Financial coaching offers a chance to work with a trusted partner to empower and guide you to realize your financial dreams, one step at a time, alleviating stress.

### Achieve Financial Goals

We work with you to help you identify your financial goals, create a plan, and track your progress to achieve your goals, such as:

- ➔ Eliminating debt
- ➔ Building credit
- ➔ Avoiding finance charges
- ➔ Saving for retirement
- ➔ Staying motivated
- ➔ *Taking control of your finances!*

